

Chọn đáp án đúng để hoàn thành đoạn văn:

1. It's a fact that (1) _____, we can't function properly. Studies show chronic sleep deprivation impairs memory, mood, and decision-making. Even if we nap during the day to make up for it, (2) _____. That's why consistent nighttime sleep is essential—not just a luxury, but a need.

Question 1.

- A. if we had a bad sleep the night before
- B. if we sleep well and enough every night
- C. without adequate and quality sleep

Question 2.

- A. the body won't recover the same way
- B. the body will function normally again
- C. we would not have been fully awake

2. Teaching children to help at home is not just about cleaning – it's about preparing them for adulthood. (3) _____ as long as they are given even small responsibilities early. On the other hand, kids will struggle with independence in the future (4) _____.

Question 3.

- A. They will not be ready for independent living
- B. They will develop discipline and self-reliance
- C. Children would develop basic life skills

Question 4.

- A. unless they learn and know how to perform simple tasks
- B. in case they are good at carrying out household chores
- C. provided that they are willing to take charge of housework

3. (5) _____ on social media, you might help someone earn views or money. Supposing that you don't realize this, your emotions and curiosity (6) _____. Only if you stop and check the information yourself can you avoid being fooled. Otherwise, (7) _____.

Question 5.

- A. If young people didn't spend hours scrolling
- B. Because you rarely update information or news
- C. If you get excited or angry about something

Question 6.

- A. will keep feeding the system
- B. would be stable and private
- C. would have been controlled

Question 7.

- A. social media will keep using your attention for its own benefit
- B. your information will be safe, and your emotions will not be profited on
- C. you will actively seek out information and content to consume

4. Self-learning is a crucial skill in today's fast-changing world. (8) _____, they will be able to acquire new knowledge on their own. This skill is also essential for those who have entered the world of work, (9) _____. However, not everyone can develop self-learning easily. (10) _____.

Question 8.

- A. A person should develop strong self-learning abilities
- B. If a person develops strong self-learning abilities
- C. So that a person develops strong self-learning abilities
- D. Although a person develops strong self-learning abilities

Question 9.

- A. supposing that they might struggle to keep up with industry changes
- B. otherwise, they might struggle to keep up with industry changes
- C. as long as they might struggle to keep up with industry changes
- D. as a result, they might struggle to keep up with industry changes

Question 10.

- A. Having curiosity and discipline, students will develop better learning skills
- B. Curiosity and discipline are crucial for thriving at work
- C. A person must have curiosity and discipline, or they will feel unmotivated
- D. People with curiosity and discipline will feel unmotivated

Chọn đáp án gần nghĩa nhất với các câu sau:

1. When it comes to appearance, a similar appearance can lead to attraction. Helen and I share style. We enjoy shopping and swapping clothes. **These activities wouldn't work if we had different interests.**

(p. 21, Friends Global 12)

- A. Our shared interests make these activities possible.
- B. These activities are boring because we like the same things.
- C. Doing things together is difficult when people have too much in common.

2. Daniel Radcliffe doesn't mind being called Harry Potter. **If he hadn't played the part of Harry Potter, he wouldn't be one of the richest young stars in cinema today.** But there have been times when his fame has been difficult for him to deal with.

(p. 58, English Discovery 12)

- A. His career reached new heights only after he stopped portraying Harry Potter.
- B. Having acted as Harry Potter has made him one of the wealthiest young film stars.
- C. Acting the role of Harry Potter was a choice that didn't affect his career success.

3. Although travelling gives you opportunities to meet new people and learn about their cultures, always look out for trouble. If someone near you is acting strangely, leave the area immediately. **Even if you follow this advice, some bad things might still happen.**

(p. 16, iLearn Smart World 12)

- A. Almost all dangers will come up as long as this advice is carefully followed.
- B. Following the advice will even completely prevent negative situations.
- C. Bad outcomes are still possible, regardless of whether the advice is followed.

4. **Without energy from the Sun, life on Earth would not exist.** The Sun provides light and heat, allowing plants to grow and supporting the entire food chain. It also regulates climate and weather patterns. In addition, solar energy is now used as a renewable source of electricity.

- A. Life could not survive on Earth in the absence of solar energy.
- B. The Sun is one of many sources that help life exist on Earth.
- C. Life on Earth continues even without sunlight or heat.
- D. Other stars provide enough energy to support life on our planet.

5. Many low-income countries are already burdened by weak healthcare systems and economic instability—these years, they are also facing the impact of armed conflicts. **Were it not for these wars, they would be focusing on development, not survival.** Instead, budgets are now spent on weapons, not schools or hospitals.

- A. They are currently developing rapidly because war has brought investment.
- B. Without the conflicts, their priority would be growth over mere survival.
- C. Survival has always been easier than economic growth for poor nations.
- D. Development is only possible when countries invest heavily in military spending.

BẢNG TỔNG HỢP TỪ VỰNG

STT	Từ vựng	Từ loại	Phiên âm	Nghĩa
1	function	v/n	/ˈfʌŋkʃn/	chức năng / vận hành
2	chronic	adj	/ˈkrɒnɪk/	mãn tính, kéo dài
3	deprivation	n	/ˌdeɪrɪˈveɪʃn/	sự thiếu hụt, mất mát
4	impair	v	/ɪmˈpeə/	làm suy yếu, gây tổn hại
5	decision-making	n	/dɪˈsɪʒn ˌmeɪkɪŋ/	việc ra quyết định
6	consistent	adj	/kənˈsɪstənt/	nhất quán, kiên định
7	nighttime	n/adj	/ˈnaɪttaɪm/	ban đêm / vào ban đêm
8	luxury	n	/ˈlʌkʃəri/	sự xa xỉ
9	responsibility	n	/rɪˌspɒnsəˈbɪləti/	các trách nhiệm
10	independence	n	/ˌɪndɪˈpendəns/	sự độc lập
11	curiosity	n	/ˌkjʊəriˈɒsəti/	sự tò mò
12	fool	v	/fu:l/	lừa
13	self-learning	n	/self ˈlɜːnɪŋ/	tự học
14	fast-changing	adj	/faːst ˈtʃeɪndʒɪŋ/	thay đổi nhanh
15	acquire	v	/əˈkwəɪə(r)/	đạt được, giành được
16	appearance	n	/əˈpiərəns/	vẻ ngoài, ngoại hình
17	attraction	n	/əˈtrækʃn/	sự thu hút
18	fame	n	/feɪm/	đanh tiếng
19	trouble	n	/ˈtrʌbl/	rắc rối
20	strangely	adv	/ˈstreɪndʒli/	một cách kỳ lạ
21	regulate	v	/ˈregjuleɪt/	điều chỉnh, kiểm soát
22	renewable	adj	/rɪˈnjuːəbl/	có thể tái tạo, tái sinh
23	burden	v	/ˈbɜːdn/	gây gánh nặng
24	instability	n	/ˌɪnstəˈbɪləti/	sự bất ổn
25	armed conflict	n. phr	/ɑːmd ˈkɒnflɪkt/	xung đột vũ trang
26	budget	n	/ˈbʌdʒɪt/	ngân sách
27	weapon	n	/ˈwepən/	vũ khí